

Holy Family Parish

*Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community*

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: Twitter.com/holyfamily4all

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (St. Ladislaus); 9:00am (Polish, St. Joseph)

10:00am (Spanish/English, Sacred Heart)

10:30am (Hungarian, St. Ladislaus)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart chapel)

7:00 pm: Tues. (St. Joseph, Spanish)

7:00 pm Wed. (Sacred Heart, Spanish)

7:00 pm Thurs. (St. Ladislaus, Hungarian)

COMING
SOON

On April 1 and 2, as we celebrate Palm Sunday, we will have the opportunity to gratefully contribute to the *Annual Collection for our Retired Diocesan Priests* to acknowledge their life-long dedication to nourishing our Catholic faith.

El 1 y 2 de abril, mientras celebramos el Domingo de Ramos, tendremos la oportunidad de contribuir con gratitud a la **Colecta Anual de nuestros Sacerdotes Diocesanos Retirados** para reconocer la dedicación de toda una vida a nutrir nuestra fe católica.

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

PASTORAL TEAM

Brandy ALEXANDER, trauma-informed care specialist
(ext. 1008) BrandyA@holyfamilyforall.org

Nathalie CUADROS, administrative program manager
(ext 1003) NatalieC@holyfamilyforall.org

Jennifer HERRERA,
youth empowerment specialist
JenniferH@holyfamilyforall.org

Rev. Imre JUHASZ, parochial vicar
padre72@gmail.com

Catherine KOVACIK, director of family faith formation
CatherineK@holyfamilyforall.org

Karen MERINO, case manager
(ext. 1005) KarenM@holyfamilyforall.org

Alexi MOTTA, director of caritas programming
(ext. 1003) AlexiM@holyfamilyforall.org

Rocio RAMOS, director of pastoral services
(ext.1002) RocioR@holyfamilyforall.org

Rev. Thomas RYAN, pastor
(ext.1006) - TRYAN@holyfamilyforall.org

Renel SEVILLA, business and pastoral administrator
(ext. 1004) - HFPcenter@holyfamilyforall.org

Deacon Nelson TORRES, programming manager
(ext. 1007) - salsaNT@comcast.net

Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
(ext. 1013) - WalterW@holyfamilyforall.org

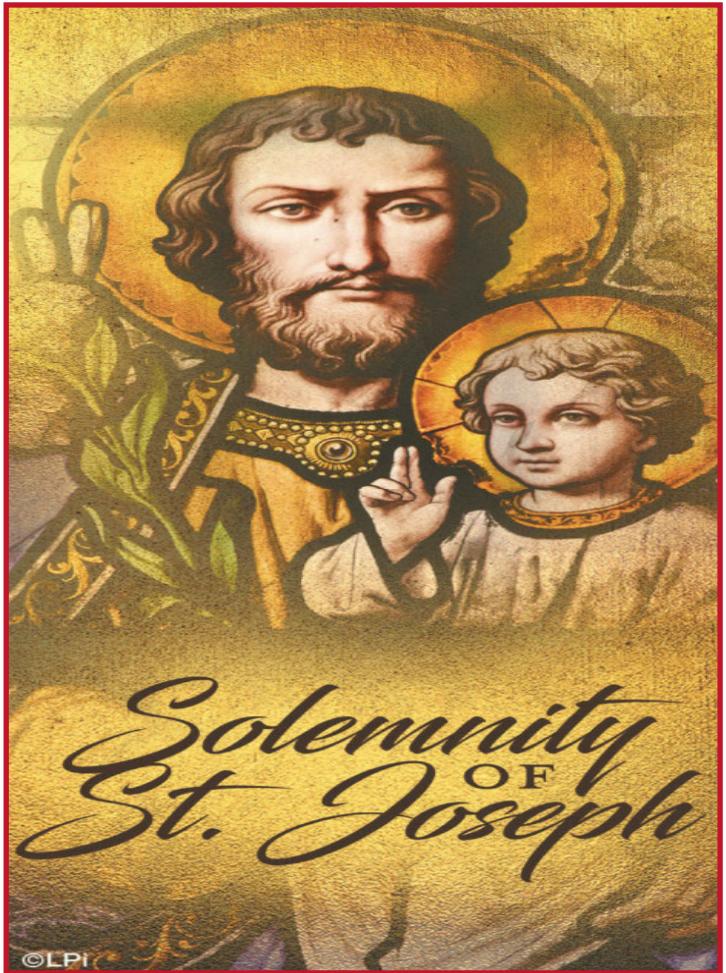
PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez



**Saturday, March 18 - Lenten Weekday**

8:00 AM (SH) - (English) - Kathleen C Braido
4:30 PM (SH) - (English) - Special Intention

Sunday, March 19 - Fourth Sunday of Lent

8:00 AM (SL) - (English) - For the people
9:00 AM (SJ) - (Polish) - Za zmarlych z rodziny Rogowskich
10:00 AM (SH) - (Bilingual) - Catalina Osorio
10:30 AM (SL) - (Hungarian) - Elizabeth Szenasy
12:00 PM (SJ) - (Spanish) - Harry Patricio Pacheco
7:00 PM (SJ) - (Spanish) - For the people

Monday, March 20 - St Joseph, Spouse of the Blessed Virgin Mary

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - Nora Robertson

Tuesday, March 21- Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - Elsa Hildenbrand
7:00 PM (SJ) - (Spanish) - Por Las Almas en el Purgatorio

Wednesday, March 22 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people
7:00 PM (SH) - Spanish) - Por Las Almas en el Purgatorio

Thursday, March 23 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
8:00 AM (SH) - (English) - For the people

Friday, March 24 - Lenten Weekday

7:00 AM (SL) - (English) - Special Intention
for Monica D'Mello
8:00 AM (SH) - (English) - For the people

Saturday, March 25 - Anunciation of the Lord

8:00 AM (SH) - (English) - For the people
4:30 PM (SH) - (English) - For the people

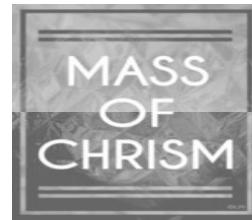
Sunday, March 26 - Fifth Sunday of Lent

8:00 AM (SL) - (English) - For the people
9:00 AM (SJ) - (Polish) - Za dusze św.p. Edwarda
i Marii Kozłowski
10:00 AM (SH) - (Bilingual) - Familia Rojas Pelaez
10:30 AM (SL) - (Hungarian) - Effinger Family
12:00 PM (SJ) - (Spanish) - Neivan Contreras Delgado
7:00 PM (SJ) - (Spanish) - For the people



Weekly Offertory 3/5/2023 - \$3,658
SVDP - \$1,731 Ash Wednesday - \$969

To donate online, go to our website:
holyfamilyforall.org.
Click on DONATE. Thank you

**CHRISM MASS**

Tuesday, April 4, 2023

Cathedral of St. Francis of Assisi, Metuchen – 4:00 PM

On Tuesday, April 4, 2023, Bishop James F. Checchio will celebrate the Chrism Mass with the priests of the Diocese. At the Mass, all priests make a Renewal of Commitment to Priestly Service, recommitting themselves to their Bishop and to their ministry to God and His People; the Bishop and all Priests then ask the people for a pledge of their prayerful support.

The Bishop will also bless and consecrate the Holy Oils, which each parish receives for the rites of anointing. The Oil of Catechumens is used to anoint infants and adults before their Baptism; the Oil of the Sick is used on the forehead and hands of the infirm in the Sacrament of the Anointing of the Sick; and Sacred Chrism is used to anoint the head of the newly baptized, the foreheads of *confirmandi*, the hands of a priest at his ordination, the head of a bishop at his ordination, and the altar and walls of new churches.

All are encouraged to join in-person (or watch via livestream), the ancient, grace-filled Chrism Mass at the Cathedral of St. Francis of Assisi in Metuchen at 4:00 PM. To watch the Chrism Mass livestream, visit <https://diometuchen.org/cathedral-livestream>

MISA CRISMAL

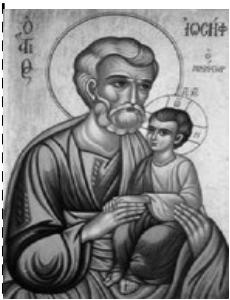
Martes, 4 de abril de 2023

Catedral de San Francisco de Asís, Metuchen – 4:00 PM

El martes 4 de abril de 2023, el obispo James F. Checchio celebrará la Misa Crismal con los sacerdotes de la Diócesis. En la Misa, todos los sacerdotes hacen una Renovación de Compromiso con el Servicio Sacerdotal, volviendo a comprometerse con su Obispo y con su ministerio a Dios y Su Pueblo; el Obispo y todos los Sacerdotes luego piden al pueblo una promesa de su apoyo en oración.

El Obispo también bendecirá y consagrará los Santos Óleos, que cada parroquia recibe para los ritos de unción. El Óleo de los Catecúmenos se utiliza para ungir a niños y adultos antes del Bautismo; el Aceite de los Enfermos se usa en la frente y las manos de los enfermos en el Sacramento de la Unción de los Enfermos; y el Sagrado Crisma se usa para ungir la cabeza de los recién bautizados, la frente de los confirmados, las manos de un sacerdote en su ordenación, la cabeza de un obispo en su ordenación, y el altar y las paredes de las nuevas iglesias.

Se anima a todos a unirse en persona (o ver a través de una transmisión en vivo), la antigua Misa Crismal llena de gracia en la Catedral de San Francisco de Asís en Metuchen en 16:00. Para ver la transmisión en vivo de la Misa Crismal, visita <https://diometuchen.org/cathedral-livestream>



Why do we celebrate a Solemnity of St Joseph?

After the Blessed Virgin Mary, St Joseph is the greatest of the saints. He is the one “into whose custody God entrusted his most precious treasures,” Jesus and Mary.

Mary is the Lord’s humble servant, prepared from eternity for the task of being the Mother of God. Joseph is the one whom God chose to be the “overseer of the Lord’s birth”, the one who has the responsibility to look after the Son of God’s “ordained” entry into the world, in accordance with divine dispositions and human laws. The Church, therefore, honors St. Joseph on March 19th for his faithfulness to God, and to his vocation as Custodian of the Redeemer.



THIRD WEEK OF LENT FROM FARMING TO FISHING

Raul and Rhodora were coconut farmers in their town in the Philippines, but it took a lot of work before they made money. They participated in a Catholic Relief Services program that helped them build their own fishpond to raise and sell fish. The fish provide nutritious food for their family and more accessible income, enabling Raul and Rhodora’s granddaughters to attend school. What changes have you made in your professional, personal or spiritual life that have benefited others?

Visit crsricebowl.org to learn more.



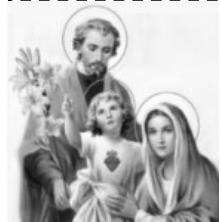
2023 Bishop's Annual Appeal *Renewed and Sent on Mission by the Eucharist*

This weekend, parishes throughout the Diocese of Metuchen are celebrating **Bishop's Annual Appeal In-Pew Weekend**. Our goal is for every family to participate. Every gift, no matter the size, is important and greatly appreciated. Together, we are keeping Christ's presence alive in the world today. Thank you for actively participating in this mission by your financial support. Check out <https://diometuchen.org/BAA>.

ANNOUNCEMENT

On Sunday, March 26, we will be having a **Community Baby Shower/Breastfeeding Workshop** for mothers and future parents at St Joseph Church. It will be held from 1:00 pm to 2:30 pm after the 12 o'clock Mass. We will have light refreshment, as well as, giveaways, and raffles.

Introducing HFP's Case Manager - Karen Merino, the new parish Case Manager, assists with the following: Covid Vaccine Clinic and/or Health Screening, limited rent & bill assistance, Give-away Day, Support & Advocacy regarding social services, as well as referrals for other services. Her office hours: Monday - Thursday, 9:00 am to 4:30 pm and Sunday, 9 am to 3 pm. You may reach her at 732-545-1681 x 1005 & karenm@holyfamilyforall.org.



¿Por qué celebramos un Solemnidad de San José?

Después de la Santísima Virgen María, San José es el mayor de los santos. Él es aquel “bajo cuya custodia Dios confió sus tesoros más preciados”, Jesús y María.

María es la humilde sierva del Señor, preparada desde la eternidad para la tarea de ser Madre de Dios. José es aquel a quien Dios eligió para ser el “superintendente del nacimiento del Señor”, el que tiene la responsabilidad de velar por la entrada “ordenada” del Hijo de Dios en el mundo, de acuerdo con las disposiciones divinas y las leyes humanas. La Iglesia, por lo tanto, honra a San José el 19 de Marzo por su fidelidad a Dios y su vocación como Custodio del Redentor.



TERCERA SEMANA DE CUARESMA DE LOS COCOS AL PESCADO

Raul y Rhodora eran productores de coco en su pueblo de Filipinas, pero les era difícil obtener suficientes ingresos. Participaron en un programa de CRS en el que recibieron capacitación y asistencia para construir su propio estanque de peces para criar y vender. El pescado proporciona alimentos nutritivos a su familia y unos ingresos más estable, lo que permite a las nietas de Raul y Rhodora asistir a la escuela. ¿Qué cambios has hecho en tu vida profesional, personal o espiritual que hayan beneficiado a otros?

Visita crsplatodearroz.org para saber más.



Campaña Anual del Obispo 2023

Renovados y Envíados

en Misión por la Eucaristía

Este fin de semana, todas las parroquias de la Diócesis de Metuchen están celebrando el **Fin de Semana de la Campaña Anual del Obispo en las Bancas**. Nuestro objetivo es que todas las familias participen. Cada aporte, sin importar el monto, es importante y muy apreciado. Juntos, estamos manteniendo viva la presencia de Cristo en el mundo de hoy. Gracias por participar activamente con su apoyo financiero en esta misión. Echa un vistazo a <https://diometuchen.org/BAA>.

ANUNCIO

El Domingo 26 de marzo tendremos un **Babyshower Comunitario/Taller de Lactancia Materna** para madres y futuros padres en nuestra Iglesia de San José. Se realizará de 1 a 2:30 PM después de la misa de 12:00. Tendremos aperitivos, regalitos y rifas.

Presentamos a la administradora de casos de HFP:

Karen Merino, la nueva administradora de casos de la parroquia, ayuda con lo siguiente: Clínica de vacunas Covid y / o evaluación de salud, asistencia limitada para alquiler y facturas, día de obsequio, apoyo y defensa con respecto a los servicios sociales, así como referencias para otros servicios. Su horario de oficina: Lunes - Jueves, 9: am a 4:30 pm y Domingo, 9 am a 3 pm.

La pueden contactar al 732-545-1681 x 1005 , karenm@holyfamilyforall.org.



OGŁOSZENIA PARAFIALNE
IV Niedziela Wielkiego Postu
19 marca 2023 r.

Trwa okres Wielkiego Postu. Pamiętajmy, by w piątki zachować post jakościowy, czyli powstrzymać się od pokarmów mięsnych. Dotyczy to wszystkich pomiędzy 14 a 60 rokiem życia. W tym czasie zwróćmy również szczególną uwagę na nasz rozwój duchowy poprzez modlitwę i ofiarość, szczególnie względem biednych i poszkodowanych przez los.

Jak co roku, w okresie Wielkiego Postu, zachęcamy do uczestnictwa w akcji „Rice Bowl”, sponsorowanej przez Catholic Relief Services oraz do odpowiedzi na apel biskupi, zatytułowany „Odnowieni i posłani na misję przez Eucharystię”, który dzięki finansowemu wsparciu nas wszystkich, zapewnia kontynuację wielu diecezjalnych programów ewangelizacji i katechezy.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową i Mszę Świętą w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedziele po Mszy Świętej**.

Rekolekcje wielkopostne dla naszej polskiej społeczności odbędą się w dniach **23, 24, 25 marca** (czwartek, piątek i sobota) o godz. 19:00. Sobotnia Msza Święta zostanie odprawiona w naszych intencjach, które jak co miesiąc można składać na ołtarzu Matki Boskiej. Zakończenie rekolekcji w niedzielę **26 marca** na Mszy Świętej o godz. 9:00.

Życzymy wszystkim, byśmy wzbogaceni miłością Chrystusa w dzisiejszej Ofierze Mszy Świętej, potrafili dzielić się nią z bliźnimi każdego dnia nadchodzącego tygodnia.

PARISH ANNOUNCEMENTS

Fourth Sunday of Lent

March 19, 2023

We are in the **Lenten Season**. Please, remember to **abstain** from meat on Fridays. This is for all between the age of 14 and 60. Also, remember to **enrich your Lenten spiritual journey by finding time for prayer and by helping those in need**.

Throughout Lent, we will continue to promote and support CRS Rice Bowl and the Bishop's Annual Appeal - Renewed and Sent on Mission by the Eucharist.

During the Lenten Season, we invite everyone for **Stations of the Cross and the Mass on Fridays at 7:00 p.m.** and for **Lamentations on Sundays after the Polish Mass**.

The Lenten retreat for our Polish community will take place on **March 23, 24, 25** (Thursday, Friday, and Saturday) at 7:00 p.m. Saturday Mass will be celebrated for our intentions, which, as every month, can be placed on the altar of the Blessed Mother. End of the retreat on Sunday, **March 26** at the Holy Mass at 9:00 a.m.

We wish everyone that enriched by Christ's Sacrifice of the Holy Mass, we may be able to share his love with our neighbors throughout the coming week.



Friday Lenten Stations of the Cross
Viernes de Cuaresma del Vía Crucis

Following the 7:00 AM Mass -
St. Ladislaus (English/Inglés)

Following the 8:00 AM Mass -
Sacred Heart (English/Inglés)

6:00 PM - Sacred Heart -(Spanish/Español)

7:00 PM - St. Joseph - (Polish/Polaco)

7:00 PM - St. Ladislaus - (Hungarian/ Húngaro)



SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH
A Sunday Reflection
by István Horváth
March 19, 2023

Third Sunday of Lent

“The hour is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth.” **Jn 4:23-24**

Jesus tells the Samaritan woman that God seeks those who worship Him in Spirit and in truth. She responds with an open mind and says that she awaits the Anointed One, because she knows he is coming and he will reveal all truth. “Jesus said to her, ‘I am He.’” **Jn 4:25-26** She then hurries off to tell the town about Jesus, who has unveiled her own deeds bringing her to believe in Him. Many of the town’s people come out to see Jesus, some as witnesses to the woman’s testimony and others out of curiosity, but they are quickly convinced that He “is truly the savior of the world.” **Jn 4:39-42**

Meanwhile, Jesus gives example to his Disciples of denying one’s self needs to benefit others as an indication of how urgent it is to assist one in spiritual need. However, they don’t understand this at the time, but recall it later: “My food is to do the will of the one who sent me and to finish his work.” **Jn 4:34**

We often hear this in today’s society, ‘I deserve it’ or ‘this is my time’ or perhaps ‘I’m doing this for me,’ but the follower of Christ that has received the Spirit knows that these are selfish acts and do not lead to doing His will. We can’t know for certain, but that act of assistance, kindness or mercy that we provide someone may be the only ‘truth’ that they experience in their lives that leads them to Jesus Christ. This doesn’t mean we should not take time out for reflection and physical rehabilitation to regain our commitment to Him. It simply means, we drop everything like the Samaritan woman leaving her water jar and rush to the assistance of others in need of the Truth so that they may also share in the waters of eternal life.

Saint Paul understood this when he instructed the Corinthians on the worship of the one God in truth; it is this Truth, Jesus Christ that sets us free of the bonds of the physical world. **2Cor 3:17** The same is repeated by Jesus in explaining how knowing the truth that he is proclaiming sets us free of having to trace our genealogy to Abraham to be saved from the slavery of sin. “So, if the Son frees you, then you will truly be free.” **Jn 8:32,36**

This understanding of worshiping God in truth and Spirit also brings with it the joy of salvation for all, no matter how early or late they arrive at the banquet. For those who arrived early, they are joyful that others followed them and are also partaking, and those who arrive late are grateful for not being left behind. “I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work.” **Jn 4:38**

“... indeed the Father seeks such people ...
Those who worship Him in Spirit and in truth.”



PLEASE PRAY FOR THE SICK
ONLY MEMBERS OF THE FAMILY
can add names to this list of the sick:

Brian Barry, Zofia Baginski, Zofia Lesiak,

Thomas Leskowski, Jadwiga Pawlowska, Wtad-
ystaw Prosciak, Roman Szwarc, Irena Szewczak, Brian Ward, John
Ward, Kit Maloney, Amy Grau Bates, Faith Anderson, Waleria Klim-
kiewicz, Karen Bodnar, Edward Hernandez Brito, Maria Colon,

Jaxson Rivera, Pani Julia Zyzkowska,

Ann Marie Oman

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