



Holy Family Parish

Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)

La Anunciación del Señor THE ANNUNCIATION of the Lord March 25 / Marzo 25

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

PASTORAL TEAM

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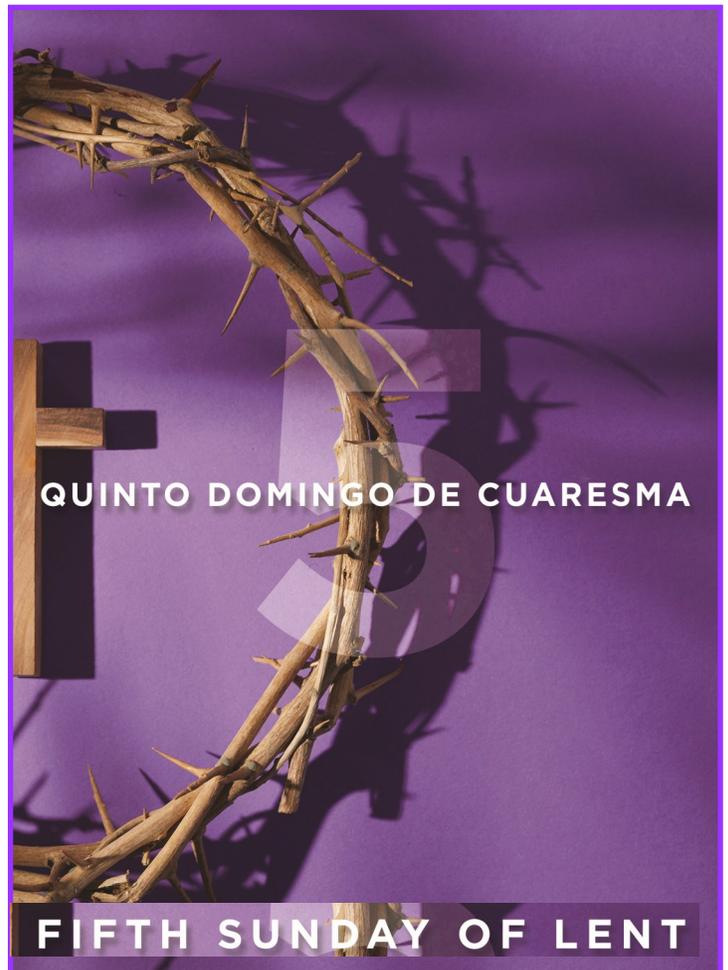
Rev. Thomas RYAN, pastor
(ext.1006) - TRYAN@holyfamilyforall.org

Renel SEVILLA, business and pastoral administrator
(ext. 1004) - HFPcenter@holyfamilyforall.org

Rev. Fredy TRIANA, parochial vicar
(ext. 1013) - FRFREDYT@holyfamilyforall.org

PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros
FINANCE COUNCIL: Thomas Szallai, chair
PASTORAL COUNCIL: Marie Zach
NeXt Level (IMT) - Neybery Cortez



QUINTO DOMINGO DE CUARESMA

FIFTH SUNDAY OF LENT

MASS SCHEDULE & INTENTIONS

Saturday, March 21 - Lenten Weekday

8:00 AM - (SH)- (English) - Elsa Hildenbrand
 4:30 PM - (SH)- (English) - Carol M. Anderson

Sunday, March 22 - FIFTH SUNDAY of LENT

8:00AM (SL) - (English) - For the people
 9:00 AM (SJ) - (Polish) - Za zmarłych z rodzin
 Gawrońskich, Sroczyńskich, Kozak i Koziół
 9:00 AM (SL) - (Hungarian) - Mrs. Paul Szenasi
 10:00 AM (SH) - (Bilingual) - Victoria Ramirez
 Santiago
 12:00 PM (SJ) - (Spanish) - Hary Patricio
 Pacheco Cusme
 7:00 PM (SJ) - (Spanish) - Domingo Lopez Lopez

**Monday, March 23 - Saint Turibius of Mogrovejo,
 Bishop**

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people

**Tuesday, March 24 - Saint Oscar Romero,
 Bishop & Martyr**

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people
 7:00 PM (SJ) (Spanish) - Por las Almas
 en el Purgatorio

**Wednesday, March 25 - The Annunciation
 of the Lord**

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people
 7:00 PM (SJ) (Spanish) - For the people

Thursday, March 26 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the Holy Souls

Friday, March 27 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people

Saturday, March 28 - Lenten Weekday

8:00 AM - (SH)- (English) - For the people
 4:30 PM - (SH)- (English) - For the people

**Sunday, March 29 - PALM SUNDAY
 of the LORD'S PASSION**

7:30AM (SL) - (English) - Barbara Morris
 9:00 AM (SJ) - (Polish) - Za dusze św.p.
 Józefa i Józefy Supel
 9:00 AM (SL) - (Hungarian) -For the people
 10:00 AM (SH) - (Bilingual) - For the people
 12:00 PM (SJ) - (Spanish) - Por las Almas
 en el Purgatorio
 7:00 PM (SJ) - (Spanish) - For the people

Horarios de Confesión
 CONFESSION TIMES ©LPI

Lenten Confessions/ Confesión cuaresmales

The opportunities for Lenten Confessions will take place on / Las oportunidades para las Confesiones Cuaresmales se llevarán a cabo el -

- **March / Marzo 24, Tuesday / Martes**
7:30 PM - 8:30 PM - St. Joseph Church
- **March / Marzo 25, Wednesday / Miércoles**
7:30 PM - 8:30 PM - Sacred Heart Church

 **STATIONS OF THE CROSS**
 Vía Crucis

FRIDAYS DURING LENT FOLLOWING THE
 7 AM MASS at SAINT LADISLAUS
 & 8 AM MASS at SACRED HEART
 SACRED HEART 6PM in SPANISH
 SAINT JOSEPH 7 PM in POLISH

*VIERNES DE CUARESMA DESPUÉS DE LAS
 MISAS DE 7AM EN SAN LADISLAUS
 & 8AM EN SAGRADA CORAZON
 SAGRADO CORAZÓN 6 PM en ESPAÑOL
 SAN JOSÉ 7 PM en POLACO*



Weekend Offertory

03/08/2026 - \$4,331

To donate online, go to our website:
holyfamilyforall.org **Click on DONATE.**

BISHOP'S ANNUAL APPEAL

Goal : \$14,000

To date: \$3,046

21.76 % towards the goal



Every donation counts,
 no matter the amount. Thank you for your
 continued support.

**Next week, PALM SUNDAY's
 second collection will be for the
 Retirement Fund for
 Diocesan Clergy.**



PLATO DE ARROZ

FOR LENT... FOR LIFE
Ending Hunger
With CRS Rice Bowl

FIFTH WEEK OF LENT
Embracing God's Love,
United in Generosity

God created man and woman in his image, reminding us that every person is sacred and reflects God's love. Each of us has a purpose, woven into God's plan. Our support of CRS Rice Bowl provides hope and opportunity to families around the world. Let's reflect on how our prayers, fasting, and almsgiving can help our sisters and brothers fulfill their potential. Visit crs-ricebowl.org/week-5 to read this week's Story of Hope.



PARA LA CUARESMA...
POR LA VIDA
Acabemos con el hambre
con Plato de Arroz de CRS

QUINTA SEMANA DE CUARESMA
Abrazados por el amor de Dios

Dios creó al hombre y a la mujer a su imagen, recordándonos que cada persona es sagrada y refleja el amor de Dios. Cada uno de nosotros tiene un propósito especial dentro del plan de Dios. Reflexionemos sobre cómo nuestras oraciones, ayunos y limosnas a Plato de Arroz de CRS ayudan a nuestros hermanos a desarrollarse plenamente. Visita crsplatodearroz.org/semana-5 para leer la Historia de Esperanza de esta semana.



HORARIO DE SEMANA SANTA

Palm Sunday / Domingo de Ramos - March 28, 29, 2026

- 4:30 PM- SH** Mass with Distribution of Blessed Palms (English)
(Misa con distribución de ramos - inglés)
- 7:30 AM- SL** Mass with Distribution of Blessed Palms (English)
(Misa con distribución de ramos - inglés)
- 9:00 AM - SJ** Mass with Distribution of Blessed Palms (Polish)
(Misa con distribución de ramos - polaco)
- 9:00 AM- SL** Mass with Distribution of Blessed Palms (Hungarian)
(Misa con distribución de ramos - húngaro)
- 10:00 AM- SH** Mass with Distribution of Blessed Palms (Spanish-English)
(Misa con distribución de ramos- español-inglés)
- 12:00 PM- SJ** Mass with Distribution of Blessed Palms(Spanish)
(Misa con distribución de ramos - español)
- 7:00 PM- SJ** Mass with Distribution of Blessed Palms (Spanish)
(Misa con distribución de ramos - español)

Holy Thursday, Jueves Santo - April 2

- 3:00 PM** - SL Mass of the Lord's Supper (Hungarian)
(Misa de la Cena del Señor - húngaro)
- 7:00 PM** - SH Mass of the Lord's Supper (English/ Spanish)
Following Mass, adoration until 10:00 PM
(Misa de la Cena del Señor - español/ ingles)
Después de la Misa, adoración hasta las 10:00 PM
- 7:00 PM- SJ** Mass of the Lord's Supper (Polish)
Following Mass, adoration until 11:00 PM
(Misa de la Cena del Señor - polaco)
Después de la Misa, adoración hasta las 11:00 PM

Good Friday, Viernes Santo, April 3

- 12 Noon Stations of the Cross Procession*
Via Crucis St. Joseph to Sacred Heart Church
- 3:00 PM** - SL Liturgy of the Passion Hungarian
(Liturgia de la Pasión- húngaro)
 - 3:00 PM- SH** Liturgy of the Passion (Spanish/English)
(Liturgia de la Pasión - español/inglés)
 - 3:00 PM** - SJ Liturgy of the Passion Polish
(Liturgia de la Pasión- polaco)

Holy Saturday, Sabado de Gloria, April 4

- 3:00 PM** - SL Liturgy of the Word Hungarian
- 7:00 PM** - SH Easter Vigil (English/Spanish)
(Vigilia pascual - español/inglés)
- 7:00 PM** - SJ Easter Vigil Polish (Vigilia pascual - polaco)

Easter Sunday, Pascua de Resurrección- April 5

- 7:30 AM** - SL Mass of the Resurrection of Our Lord (English)
(Misa de la Resurrección de Nuestro Señor - inglés)
- 8:00 AM** - SJ Mass of the Resurrection of Our Lord (Polish)
(Misa de la Resurrección de Nuestro Señor - polaco)
- 9:00 AM- SL** Mass of the Resurrection of Our Lord (Hungarian)
(Misa de la Resurrección de Nuestro Señor - (húngaro)
- 10:00 AM** - SH Mass of the Resurrection of Our Lord (Spanish/ English)
(Misa de la Resurrección de Nuestro Señor - español /inglés)
- 12:00 PM- SJ** Mass of the Resurrection of Our Lord (Spanish)
(Misa de la Resurrección de Nuestro Señor - español)



To all the **volunteers** at our last **Interfaith Homeless Shelter** that ended on March 8th, thank you very much for your help with this project. Your time and efforts did not go unnoticed; they made a huge difference in the lives of those we helped and served.



Bishop's Annual Appeal 2026
ONE IN CHRIST:
Called to Love and Serve

\$1.7 million of the money raised by the Bishop's Annual Appeal is earmarked for Catholic Charities, Diocese of Metuchen. Last year, Catholic Charities served more than 70,000 individuals through over 100 programs. While the statistics are impressive, it is the love and care that Catholic Charities offers to our neighbors in need that is most meaningful.

Catholic Charities insures that individuals who turn to us in a crisis not only receive the immediate help they need but also are connected to longer-term support that aims to stabilize families and lead to self-sufficiency. The work of Catholic Charities is a tangible response to the Gospel call to care for the least among us.

Campaña Anual del Obispo 2026
UNO EN CRISTO:

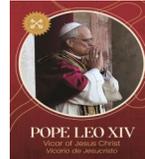
Llamados a Amar y Servir

1,7 millones de dólares de los fondos recaudados por la Campaña Anual del Obispo están destinados a Caridades Católicas de la Diócesis de Metuchen. El año pasado, Caridades Católicas brindó asistencia a más de 70.000 personas a través de más de 100 programas. Si bien las estadísticas son impresionantes, lo más significativo es el amor y la atención que Caridades Católicas ofrece a nuestros vecinos en necesidad.

Caridades Católicas garantiza que las personas que acuden a nosotros en momentos de crisis no solo reciban la ayuda inmediata que necesitan, sino que también se les brinde apoyo a largo plazo para estabilizar a las familias y promover su autosuficiencia. La labor de Caridades Católicas es una respuesta tangible al llamado del Evangelio a cuidar de los más necesitados.

muchísimas
GRACIAS

A todos los **voluntarios** de nuestro último **Refugio Interreligioso para Personas sin Hogar**, que finalizó el 8 de marzo, muchas gracias por su ayuda con este proyecto. Su tiempo y esfuerzo fueron valiosos; marcaron una gran diferencia en la vida de quienes ayudamos y servimos.



POPE LEO'S INTENTION FOR MARCH

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

INTENCIÓN DEL PAPA LEÓN PARA MARZO
Por el desarme y la paz

Oremos para que las naciones avancen hacia un desarme efectivo, en particular el desarme nuclear, y para que los líderes mundiales elijan el camino del diálogo y la diplomacia en lugar de la violencia.

Oraciones Sanadoras
Healing Prayers

Brian Barry
 John Ward
 Zofia Lesiak
 Thomas Leskowski
 Dolores Dancsecz

Brian Ward
 Zofia Baginski
 Wtadysta Prosciak
 Faith Santos Ortiz
 Deacon Nelson Torres



SACRAMENTS / SACRAMENTOS

For details regarding baptisms, weddings, quinceañeras, anointing of the sick, & Family Faith Formation, please call the HFP Parish Center at (732) 545 - 1681 Ext 1002, Rocio Ramos.

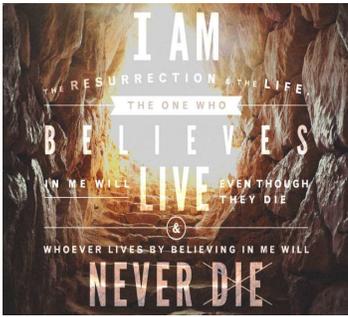


SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH
A Sunday Reflection
by István Horváth

Fifth Sunday of Lent

"I am the resurrection and the life; whoever believes in me, even if he dies, will live." Jn 11:25

"If the Spirit of the One who raised Jesus from the dead dwells in you, [then] that One who raised the Christ from the dead will give life to your mortal bodies also." Rom 8:11



So, "if we live and believe in Jesus Christ we will never die. Do [we] believe this?" **Jn 11:26**

Martha answered, "Yes, Lord." I hope we answered 'yes' as well. However, is it our next breath to say, "Lord, if you had been here, my brother would not have

died." **Jn 11:32b** To have eyes and yet not see, is this not also our shortcoming as was the case with the Pharisees? We must observe life with our spiritual eyes not our physical ones. The eyes of the flesh only see in the flesh, they are concerned only with pleasing the flesh, and judge according to the flesh.

Saint Paul reminds the Romans and us that we must turn away from our sinful nature by recognizing that the sinful deeds that we think and do come from the flesh, "and those who are in the flesh [and live according to the flesh] cannot please God." **Rom 8:8** How can we accomplish this? Paul uses himself as an example. "What I do, I do not understand. For I do not do what I want, but [rather] I do what I hate [in myself]." And I recognize this as sin. "So now [I can argue], it is no longer I who do these things, but sin that dwells in me," that is my flesh. **Rom 7:15-20** The principle at war is my mind that delights in the Laws of God with the law of sin that dwells in my flesh. **Rom 7:21-25**

Therefore according to Saint Paul, the concerns and the yearnings of the flesh are hostile toward God. The flesh does not submit to the Law of God and cannot please God, because the Law of God is spiritual as measured through the Commandments. Hence, it will always be contrary to the flesh. But "if the Spirit of God dwells in you, **if Christ is in you**, although the body is dead because of sin, the spirit is alive because of righteousness. If the Spirit of the One who raised Jesus from the dead dwells in you, [then] that One who raised the Christ from the dead will give life to your mortal bodies also." **Rom 8:9b-11**

The Risen Christ in us, in whose Spirit we want to live and dwell, transforms our mortal sinful bodies through His resurrection on the cross to everlasting life.
 What Easter Joy!



OGŁOSZENIA PARAFIALNE
V Niedziela Wielkiego Postu
22 marca 2026 r.

Składamy serdeczne podziękowania dla Ojca Redemptorysty za przeprowadzenie rekolekcji wielkopostnych dla naszej polskiej społeczności, za wspólną adorację Najświętszego Sakramentu, nauki rekolekcyjne oraz wspólną modlitwę.

Trwa okres Wielkiego Postu. Pamiętajmy, by w **piątki zachować post jakościowy**, czyli powstrzymać się od pokarmów mięsnych. Dotyczy to wszystkich pomiędzy 14 a 60 rokiem życia. W tym czasie zwróćmy również szczególną uwagę na **nasz rozwój duchowy poprzez modlitwę i ofiarność**, szczególnie względem biednych i poszkodowanych przez los.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedziele po Mszy Św.**

Jak co roku, w okresie Wielkiego Postu, zachęcamy do uczestnictwa w akcji „Rice Bowl”, sponsorowanej przez **Catholic Relief Services** oraz do odpowiedzi na **apel diecezjalny**, zatytułowany „**Zjednoczeni w Chrystusie, jesteśmy powołani do miłości i służby**”, który dzięki finansowemu wsparciu nas wszystkich, zapewnia kontynuację wielu diecezjalnych programów ewangelizacji i katechezy.

Druga kolekta w następną niedzielę zostanie przeznaczona na **Diecezjalny Fundusz Emerytalny dla Duchowieństwa**. Pamiętajmy również o złożeniu naszej **ofiary na kwiaty wielkanocne**.

Życzymy wszystkim, byśmy wzbogaceni miłością Chrystusa w dzisiejszej Ofierze Mszy Świętej, potrafili dzielić się nią z bliźnimi każdego dnia nadchodzącego tygodnia.

PARISH ANNOUNCEMENTS
Fifth Sunday of Lent
March 22, 2026

We would like to express our sincere thanks to the Redemptorist Father for conducting the Lenten retreat for our Polish community, for adoration of the Blessed Sacrament, retreat teachings and prayer.

The Lenten Season is underway. Please, remember to **abstain** from meat on Fridays. This is for all between the ages of 14 and 60. Also, remember to **enrich your Lenten spiritual journey by finding time for prayer and by helping those in need**.

During the Lenten Season, we invite everyone for **Stations of the Cross on Fridays at 7:00 p.m.** and for **Lamentations on Sundays after the Mass**.

Throughout Lent, we will continue to promote and support **CRS Rice Bowl** and the **Diocesan's Annual Appeal - "One in Christ, Called to Love and Serve"**, which helps to ensure the continuation of Diocesan evangelization and catechesis programs.

Next Sunday's second collection will be for **Retirement Fund for Diocesan Clergy**. Also, please remember to make your **donation for Easter Flowers**.

We wish everyone that enriched by Christ's Sacrifice of the Holy Mass, we may be able to share his love with our neighbors throughout the coming week.