



Holy Family Parish

*Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community*

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (English, St. Ladislaus)

9:00am (Polish, St. Joseph)

9:00am (Hungarian, St. Ladislaus)

10:00am (Spanish/English, Sacred Heart)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart)

7:00pm: Tues. (St. Joseph, Spanish)

7:00pm Wed. (Sacred Heart, Spanish)



**DIOCESE OF METUCHEN 2026 Bishop's Annual Appeal
ONE IN CHRIST: Called to Love and Serve**

**DIÓCESIS DE METUCHEN 2026 Campaña Anual de Obispo
UNO EN CRISTO: Llamados a Amar y a Servir**

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

PASTORAL TEAM

Brandy ALEXANDER, trauma-informed care specialist
(ext. 1008) BrandyA@holyfamilyforall.org

Nestor BRAVO MARTINEZ parish case manager
(ext. 1005) NestorB@holyfamilyforall.org

Nathalie CUADROS, administrative program manager
(ext 1003) NathalieC@holyfamilyforall.org

Jennifer HERRERA, youth empowerment specialist
JenniferH@holyfamilyforall.org

Catherine KOVARCIK, director of family faith formation
CatherineK@holyfamilyforall.org

Alexi MOTTA, licensed social worker &
community service manager
(ext. 1003) AlexiM@holyfamilyforall.org

Rocio RAMOS, director of pastoral services
(ext.1002) RocioR@holyfamilyforall.org

Rev. Thomas RYAN, pastor
(ext.1006) - TRYAN@holyfamilyforall.org

Renel SEVILLA, business and pastoral administrator
(ext. 1004) - HFPcenter@holyfamilyforall.org

Rev. Fredy TRIANA, parochial vicar
(ext. 1013) - FRFREDYT@holyfamilyforall.org

PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez

SECOND SUNDAY OF LENT



Celebrate the
Season of Lent

Celebrar el

Tiempo de Cuaresma



SEGUNDO DOMINGO DE CUARESMA

MASS SCHEDULE & INTENTIONS



Saturday, February 28 - Lenten Weekday

8:00 AM - (SH)- (English) - For the people
 4:30 PM - (SH)- (English) - For the People

Sunday, March 1 - SECOND SUNDAY of LENT

8:00AM (SL) - (English) - For the people
 9:00 AM (SJ) - (Polish) - Za dusze poległych i zmarłych Żołnierzy Niezłomnych/Wyklętych
 9:00 AM (SL) - (Hungarian) - For the people
 10:00 AM (SH) - (Bilingual) - Intencion especial por la Familia Moran Gonzalez
 12:00 PM (SJ) - (Spanish) - For the people
 7:00 PM (SJ) - (Spanish) - Domingo Lopez

Monday, March 2 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - Barbara Rotolo

Tuesday, March 3 - Saint Katherine, Drexel, Virgin

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - For the people
 7:00 PM (SJ) (Spanish) - Rosa Maria Rivera

Wednesday, March 4 - Saint Casimir

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - Joseph Kokoszka
 7:00 PM (SJ) (Spanish) - For the people

Thursday, March 5 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - Sharline Griffin

First Friday, March 6 - Lenten Weekday

7:00 AM (SL) - (English) - For the people
 8:00 AM (SH) - (English) - Society of Remembrance

Saturday, March 7 - Saints Perpetua & Felicity, Martyrs

8:00 AM - (SH)- (English) - For the Souls in Purgatory
 4:30 PM - (SH)- (English) - For the people

Sunday, March 8 - THIRD SUNDAY of LENT

8:00AM (SL) - (English) - For the Viegas and Luis Families
 9:00 AM (SJ) - (Polish) - Za dusze św.p. Mariany i Piotra Kozłowski
 9:00 AM (SL) - (Hungarian) - Veronica Paller
 10:00 AM (SH) - (Bilingual) - Por la Salud del Diacono Nelson
 12:00 PM (SJ) - (Spanish) - Ana Lucia Rodriguez
 7:00 PM (SJ) - (Spanish) - Jose Miguel Abreu



Lenten Confessions/ Confesión cuaresmales

The opportunities for Lenten Confessions will take place on / Las oportunidades para las Confesiones Cuaresmales se llevarán a cabo el -

- March/Marzo 3, Tuesday/Martes
 7:30 PM - 8:30 PM - St. Joseph Church
- March /Marzo 4, Wednesday / Miércoles
 7:30 PM- 8:30 PM - Sacred Heart Church
- March / Marzo 24, Tuesday / Martes
 7:30 PM - 8:30 PM - St. Joseph Church
- March / Marzo 25, Wednesday / Miércoles
 7:30 PM - 8:30 PM - Sacred Heart Church



FRIDAYS DURING LENT FOLLOWING THE
 7 AM MASS at SAINT LADISLAUS
 & 8 AM MASS at SACRED HEART
 SACRED HEART 6PM in SPANISH
 SAINT JOSEPH 7 PM in POLISH

VIERNES DE CUARESMA DESPUÉS DE LAS MISAS DE 7AM EN SAN LADISLAUS & 8AM EN SAGRADA CORAZON SAGRADO CORAZÓN 6 PM en ESPAÑOL SAN JOSÉ 7 PM en POLACO

Weekend Offertory

02/15/2026 - \$4,154



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Click on DONATE.

**DIOCESE OF METUCHEN
2026 LENTEN REGULATIONS**



1. The days of both fast & abstinence are Ash Wednesday (Feb 18) & Good Friday (April 3).
2. The other Fridays of Lent (Feb .20, 27, Mar. 6, 13, 20, & 27) are days of abstinence.

3. Fasting in the Roman Catholic tradition means to limit oneself to one full meal with two smaller meals which together do not equal the size of your full meal. The obligation of fasting only applies to Catholics between the ages of 18 & 59.

4. Abstinence in the Roman Catholic tradition means to abstain from eating meat (beef, chicken, pork, turkey, etc.). The obligation of abstinence applies to all Catholics who have reached the age of 14.

**DIÓCESIS DE METUCHEN
NORMAS DE CUARESMA DE 2026**



1. Los días de ayuno y abstinencia son el Miércoles de Ceniza (18 de febrero) y el Viernes Santo (3 de abril).
2. Los demás viernes de Cuaresma (20 y 27 de febrero, 6, 13, 20 y 27 de marzo) son días de abstinencia.

3. El ayuno en la tradición católica significa limitarse a una comida completa y dos comidas más pequeñas que, juntas, no equivalgan a la cantidad de la comida principal. La obligación del ayuno se aplica solo a los católicos entre los 18 y los 59 años.

4. La abstinencia en la tradición católica significa abstenerse de comer carne (res, pollo, cerdo, pavo, etc.). La obligación de la abstinencia se aplica a todos los católicos que hayan cumplido los 14 años.



**FOR LENT... FOR LIFE
Ending Hunger
With CRS Rice Bowl**

**SECOND WEEK OF LENT
Empowering Growth in Ghana**

By supporting CRS Rice Bowl, you help parents and caregivers in Ghana to receive training in health, nutrition and early childhood development. That means, young children in these communities are better able to thrive and meet critical milestones in their growth. Visit crsricebowl.org/week-2 to read this week's Story of Hope.



**PARA LA CUARESMA... POR LA VIDA
Acabemos con el hambre
con Plato de Arroz de CRS**

**SEGUNDA SEMANA
DE CUARESMA**

**Apoyando el desarrollo
y bienestar infantil en Ghana**

Al participar en Plato de Arroz de CRS, ayudas a que los padres de familia y cuidadores en Ghana reciban capacitación en salud, nutrición y desarrollo infantil para que sus niños crezcan sanos y alcancen etapas importantes de su desarrollo. Visita crsplatodearroz.org/semana-2 para leer la Historia de Esperanza de esta semana.

¡TE NECESITAMOS!

El Refugio de Invierno Interreligioso

Una vez más, la parroquia Sagrada Familia está organizando el refugio de invierno interreligioso del 1al 8 de marzo. En el espíritu de la Cuaresma, considere ayudar con esta obra corporal de misericordia. Para obtener más información, hable con el padre Ryan (732) 545-1681 x 1006.



INTERFAITH WINTER SHELTER

Once again, Holy Family Parish is hosting the Interfaith Winter Shelter starting March 1 – 8. In the spirit of Lent, consider helping with this corporal work of mercy. For more information, speak with Fr. Ryan (732) 545-1681 x 1006.



**Bishop's Annual Appeal 2026
ONE IN CHRIST:
Called to Love and Serve**

If you have yet to make your pledge to this year's Bishop's Annual Appeal, you will have the opportunity to do so next weekend, March 7/8, which has been designated as ***Bishop's Annual Appeal In-Pew Weekend***. Please prayerfully consider a gift to help our parish reach its goal. If we can exceed our goal, 50% of the amount collected over goal will be returned to us in the form of a parish rebate. Just as important as our financial goal is our goal of reaching 100% participation. **Every gift, no matter the size, is important and greatly appreciated. Thank you.**

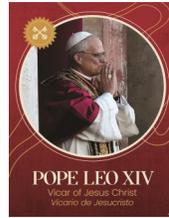
**Campana Anual del Obispo 2026
UNO EN CRISTO:
*Llamados a Amar y Servir***

Si aún no ha hecho su compromiso con la Campana Anual del Obispo de este año, tendrá la oportunidad de hacerlo el próximo fin de semana del 7/8 de marzo, que ha sido designado como el ***Fin de Semana De la Campana Anual del Obispo en las Bancas***. Por favor, considere en oración realizar su aporte a la Campana Anual del Obispo para ayudar a nuestra parroquia a alcanzar la meta. Si logramos superar nuestra meta, el 50% de la cantidad recaudada por encima de la meta será reembolsada a la parroquia. Tan importante como nuestro objetivo financiero es nuestro objetivo de alcanzar el 100% de participación. **Cada aporte, sin importar el monto, es importante y muy apreciado. Gracias.**

*Oraciones Sanadoras
Healing Prayers*

Brian Barry
John Ward
Zofia Lesiak
Thomas Leskowski
Dolores Dancsecz

Brian Ward
Zofia Baginski
Wtadysta Prosciak
Faith Santos Ortiz
Deacon Nelson Torres



POPE LEO'S INTENTION FOR MARCH

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

INTENCIÓN DEL PAPA LEÓN PARA MARZO

Por el desarme y la paz

Oremos para que las naciones avancen hacia un desarme efectivo, en particular el desarme nuclear, y para que los líderes mundiales elijan el camino del diálogo y la diplomacia en lugar de la violencia.



LENTEN PRAYER

Heavenly Father, I'm truly sorry for the moments where I missed the mark. I ask for your forgiveness and the strength to better follow Your call. May I stand in solidarity with all my brothers and sisters around the world who are suffering. May we be united in your love, and may I work to build your kingdom here on earth. Amen.

ORACIÓN DE CUARESMA

Padre Celestial, lamento profundamente los momentos en que fallé. Te pido perdón y la fuerza para seguir mejor tu llamado. Que pueda solidarizarme con todos mis hermanos y hermanas del mundo que sufren. Que estemos unidos en tu amor y que pueda trabajar para construir tu reino aquí en la tierra. Amén.



SACRAMENTS / SACRAMENTOS

For details regarding baptisms, weddings, quinceañeras, anointing of the sick, & Family Faith Formation, please call the HFP Parish Center at (732) 545 - 1681 Ext 1002, Rocio Ramos.



SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH
A Sunday Reflection
 by *István Horváth*

Second Sunday of Lent

“Jesus took Peter, James and his brother John, and led them up a high mountain (Mount Tabor) by themselves. And He was transfigured before them; ... And behold, Moses and Elijah appeared to them, conversing with Him.” “While He was still speaking, ... from the cloud came a voice, ‘This is my beloved Son, with whom I am well pleased; listen to Him.’” Mt 17:1-3,5

The Disciples seeing His glory and hearing the voice of God fell prostrate to the ground and trembled in fear, but Jesus came and touched them saying, “Rise, and do not be afraid.” Mt 17:6-7

Are we like the Disciples as well, hear the calling, see the glory yet not recognize our role or understand the reason behind the suffering that leads us to Him? God, the Father has provided mankind the vehicle towards life with him, and the opportunity to escape from the bonds of the cyclic death and destruction of the natural world through His Son, Jesus Christ. He has given us the will to choose Everlasting Life with Him or the corruption of death in the world. He has given us the unique status and position of the human person to know Him and to experience both the natural and supernatural in body and soul. He has placed before us the Commandments and Laws to guide us when necessary, but it is still for us to decide. Do we accept suffering and sacrifice for the sake of transforming the natural world to goodness from which all can benefit for a reward of Life shared in His Glory, or do we just consume and exhaust the resources that were gifted to us and exploit them to our body’s desires for the pleasures that we can gain today emptying the vessel while we are here?

That was the calling of Abraham, our father in faith (Gn 12:1-4a), and it was the calling of Jesus’ Disciples, and of course it is our calling too as followers and disciples of Jesus Christ to decide. After all, we already know the outcome, we already know what to expect, we have the risen Christ as proof and the many that have been witnesses to the faith in Him. What is it that holds us back? Is it that we want to have power over everything, but be responsible for nothing, or that, we want to experience and know everything, but share nothing? Or perhaps it is that we want to feel we are free to do as we wish, but then when we make the poor, self-serving and disastrous decisions, we want others to feel sorry for us, care for us and assume the responsibilities we won’t? Maybe, we are just afraid of what we don’t know, because we never took the time to find out and know who God is?

Jesus Christ is not about anything that this world has to give, the world is for the worldly and for itself. It was created for us as a platform and edifice on which to build God’s Kingdom in the natural world. God could have done it for us, but then there would be nothing for us to create. He entrusted it all to us to test our willingness to want Him and to need Him and through all that possibly love Him. But we keep throwing it away no matter how many times He gives us another chance. We want it all until we don’t. And yet, we would feel relieved from the burden of ourselves wholly, if we could and would just trust Him with our lives and His plan for it.

“This is my beloved Son, with whom I am well pleased; listen to Him,” says the Father (Mt 17:5), and “One does not live by bread alone, but by every word that comes forth from the mouth of God,” says the Son (Mt 4:4). “And behold, the heavens were opened [for Him], and [was seen] the Spirit of God descending like a dove upon Him.” Mt 3:16 Our joy of Easter foreshadowed, and the price on the cross paid. Jesus, I trust in You!



OGŁOSZENIA PARAFIALNE
II Niedziela Wielkiego Postu
1 marca 2026 r.

Serdecznie dziękujemy wszystkim, którzy wzięli udział we wczorajszym czuwaniu.

W dniu dzisiejszym obchodzimy Narodowy Dzień Pamięci Żołnierzy Niezłomnych, upamiętniający polskie powojenne podziemie antykomunistyczne. Pamiętajmy o nich w naszych modlitwach. Uroczyste obchody Dnia Pamięci będą miały miejsce w amerykańskiej Częstochowie w Doylestown.

Rozpoczęliśmy **okres Wielkiego Postu**. Pamiętajmy, by w **piątki zachować post jakościowy**, czyli powstrzymać się od pokarmów mięsnych. Dotyczy to wszystkich pomiędzy 14 a 60 rokiem życia. W tym czasie zwróćmy również szczególną uwagę na **nasz rozwój duchowy poprzez modlitwę i ofiarność**, szczególnie względem biednych i poszkodowanych przez los.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedziele po Mszy Św.**

Tegoroczny apel zatytułowany: **„Zjednoczeni w Chrystusie jesteśmy powołani do miłości i służby”** przypomina nam, że poprzez finansowe wsparcie duszpasterskich, edukacyjnych i charytatywnych przedsięwzięć naszej diecezji pomagamy tym, którzy najbardziej tego potrzebują i dajemy przykład młodej generacji uczniów naszego Zbawiciela.

Dzisiejsza druga kolekta zostanie przeznaczona na **Stowarzyszenie Św. Wincentego a Paulo**. Pamiętajmy również o złożeniu naszej ofiary na **kwiaty wielkanocne**.

W następną niedzielę, **8 marca**, następuje **zmiana czasu na letni**. Pamiętajmy o przesunięciu naszych zegarów **o godzinę do przodu**.

Wszystkim życzymy wiele radości z przeżywanego wypoczynku niedzielnego oraz pomocy Bożej na nadchodzący tydzień.

PARISH ANNOUNCEMENTS
Second Sunday of Lent
March 1, 2026

Today, March 1, is the **National Day of Remembrance of the Steadfast Soldiers**, which commemorates the Polish post-war anti-communist underground. Please, remember them in your prayers. The solemn celebration will take place in American Częstochowa, in Doylestown.



We had begun **the Lenten Season**. Please, remember to **abstain** from meat on Fridays. This is for all between the ages of 14 and 60. Also, remember to **enrich your Lenten spiritual journey by finding time for prayer and by helping those in need**.

This Sunday’s second collection is for **St. Vincent de Paul Society**. Also, please remember to make your donation for **Easter Flowers**.

Next Sunday, **March 8**, the **Daylight-Saving Time** begins – please remember to push your clocks one hour forward.



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