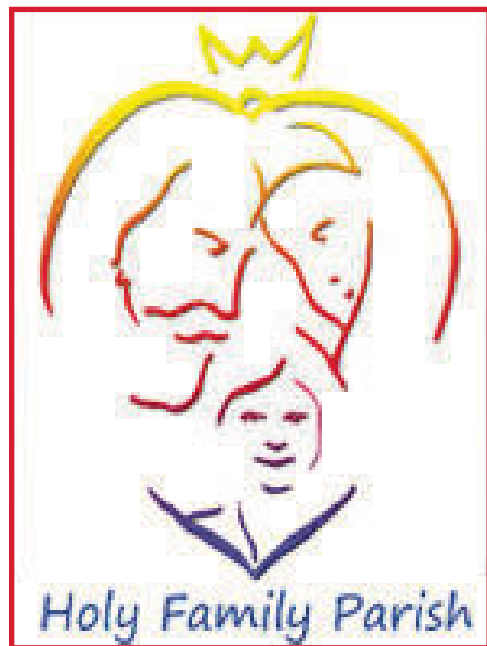




Holy Family Parish

*Sacred Heart - St. Joseph - St. Ladislaus Churches, New Brunswick NJ
a trauma-informed community*

www.holyfamilyforall.org

email: HFPcenter@holyfamilyforall.org

social media: [Twitter.com/holyfamily4all](https://twitter.com/holyfamily4all)

<https://www.facebook.com/HolyFamilyParishNewBrunswick>

We worship:

The Lord's Day: 4:30pm Sat. Vigil at Sacred Heart

8:00am (St. Ladislaus); 9:00am (Polish, St. Joseph)

10:00am (Spanish/English, Sacred Heart)

10:30am (Hungarian, St. Ladislaus)

12:00pm (Spanish, St. Joseph)

7:00pm (Spanish, St. Joseph)

Weekdays: 7:00am Mon - Fri (St. Ladislaus)

8:00am Mon - Sat (Sacred Heart chapel)

7:00 pm: Tues. (St. Joseph, Spanish)

7:00 pm Wed. (Sacred Heart, Spanish)

7:00 pm Thurs. (St. Ladislaus, Hungarian)

February 22



Ash Wednesday
— Lent Begins

HFP PARISH CENTER

56 Throop Ave, New Brunswick, NJ 08901
Voice: 732-545-1681 Fax: 732-545-5059

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Rev. Wladyslaw (Walter) WIKTOREK, parochial vicar
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PARISH LEADERS

PARISH TRUSTEES: Thomas Szallai, Carol Meszaros

FINANCE COUNCIL: Thomas Szallai, chair

PASTORAL COUNCIL: Marie Zach

NeXt Level (IMT) - Neybery Cortez



7TH SUNDAY IN ORDINARY TIME

"When someone strikes you on your right cheek,
turn the other one as well." Mt 5:39

7º DOMINGO DEL TIEMPO ORDINARIO

"Si alguno te golpea en la mejilla derecha,
preséntale también la izquierda". - Mt 5, 39

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**Saturday, February 18 - Weekday**

8:00 AM (SH) - (English) - For the people

4:30 PM (SH) - (English) - Kevin Barry

Sunday, February 19 - Seventh Sunday in Ordinary Time

8:00 AM (SL) - (English) - Joseph Napurano

9:00 AM (SJ) - (Polish) - Za duszę św.p. Jana, Antoniego Bagiński

10:00 AM (SH) - (Bilingual) - Catalina Osorio

10:30 AM (SL) - (Hungarian) - Paul Szenasy

12:00 PM (SJ) - (Spanish) - Rosaura Estevez

7:00 PM (SJ) - (Spanish) - Maria Elena Vargas Guzman

Monday, February 20 - Weekday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - For the people

Tuesday, February 21 - Saint Peter Damian, Bishop & Doctor of the Church

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - Agnes McCafferty

7:00 PM (SJ) - (Spanish) - For the people

Wednesday, February 22 - Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - For the people

7:00 PM (SH) - (Bilingual) - For the people

7:00 PM (SJ) - (Polish/Spanish) - (Sroda Popielcowa)

Za duszę św.p. Leokadii Zach w 1 rocznicę śmierci

Thursday, February 23 - Thursday after Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - For the people

Friday, February 24 - Friday after Ash Wednesday

7:00 AM (SL) - (English) - For the people

8:00 AM (SH) - (English) - David Stankovits

Saturday, February 25 - Saturday after Ash Wednesday

8:00 AM (SH) - (English) - For the people

4:30 PM (SH) - (English) - Edwin J Keefe Jr

Sunday, February 26 - First Sunday of Lent

8:00 AM (SL) - (English) - For the health of Ann Marie Oman

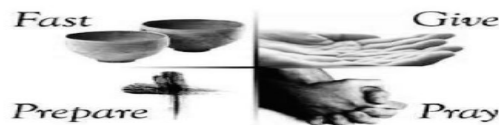
9:00 AM (SJ) - (Polish) - Za duszę św.p. Marii Wach

10:00 AM (SH) - (Bilingual) - Librado Perez Garcia

10:30 AM (SL) - (Hungarian) - Hadju-Nemeth Margit

12:00 PM (SJ) - (Spanish) - Enrique Perez Galindo

7:00 PM (SJ) - (Spanish) - For the people

**Ash Wednesday Celebrations*****Celebraciones del Miércoles de Ceniza*****Masses with Distribution of Blessed Ashes*****Misas con distribución de Cenizas Benditas*****February 22, 2023**7:00 AM - Saint Ladislaus
(English/Inglés)8:00 AM - Sacred Heart
(English/Inglés)7:00 PM - Saint Joseph
(Polish/Spanish - Polaco/Español)7:00 PM - Saint Ladislaus
(Hungarian/Húngaro)7:00 PM - Sacred Heart
(Spanish/English - Español/Inglés)**Opportunity for Private Prayer and Reception of Blessed Ashes*****Oportunidad para la oración privada y la recepción de las Cenizas Bendecidas***

11:00 AM - 1:00 PM - Sacred Heart

Friday Lenten Stations of the Cross
Viernes de Cuaresma del Vía CrucisFollowing the 7:00 AM Mass - St. Ladislaus
(English/Inglés)Following the 8:00 AM Mass - Sacred Heart
(English/Inglés)

6:00 PM - Sacred Heart - (Spanish/Español)

7:00 PM - St. Joseph - (Polish/Polaco)

7:00 PM - St. Ladislaus - (Hungarian/ Húngaro)

**PLEASE PRAY FOR THE SICK
ONLY MEMBERS OF THE FAMILY
can add names to this list of the sick:**

Brian Barry, Zofia Baginski, Zofia Lesiak,

Thomas Leskowski, Jadwiga Pawlowska, Władysław Prosciak, Roman Szwarc, Irena Szwczak, Brian Ward, John Ward,

Kit Maloney, Amy Grau Bates, Faith Anderson, Waleria Klimkiewicz, Karen Bodnar, Edward Hernandez Brito, Maria

Colon, Jaxson Rivera, Pani Julia Zyczkowski,

Ann Marie Oman

**Weekly Offertory 01/29/2023 - \$3,980
SVDP - \$1,089****To donate online, go to our website:
holyfamilyforall.org. Click on DONATE. Thank you**



2023 Bishop's Annual Appeal Renewed and Sent on Mission by the Eucharist

By now you have received a letter from Bishop Checchio inviting your participation in the 2023 Bishop's Annual Appeal. The diocesan ministries supported by the Appeal directly impact many of the parishioners here in Holy Family Parish. Your gift provides formation opportunities for our catechists, youth and young adults. In the coming days, you will be receiving a letter from our pastor, Fr Ryan encouraging your participation. If you have yet to make your gift, please prayerfully consider doing so today by either returning your pledge card in the mail or going to the secure website: <https://diometuchen.org/BAA>.



LENT IS COMING! Join our faith community - and nearly 13,000 Catholic communities across the United States - in a transformative Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from the Parish Center. During the 40 days of Lent, we will reflect on

the impact of global hunger and climate change on vulnerable communities around the world, and we will pray, fast and give alms to help our sisters and brothers in need. Visit crsricebowl.org to learn more.

ST. THOMAS AQUINAS

Looking for unique academic and athletics enrichment opportunities for your child this summer?

The Summer Aquinas Academy offers camp opportunities throughout the summer led by STA teachers and coaches, providing a fun, structured, engaging environment for students to learn new skills and make new friends.

Registrations due by May 30. Visit stahs.net/summer for prices, dates, age groups, and other information.



FAMILY MILESTONES Blessings & Celebrations

January 2023 Baptisms:
Alia Torres Hernandez
Sofia Merino Bernardino



Holy Family Parish is hosting the Interfaith Winter Shelter next week Feb 26 to March 3. For more information, speak with Fr Ryan at 732-545-1681 x 1006.



Campaña Anual del Obispo 2023 Renovados y Enviados en Misión por la Eucaristía

En este momento, usted ya ha recibido una carta del Obispo Checchio invitándolo a participar en la Campaña Anual del Obispo 2023. Los ministerios diocesanos que reciben apoyo con esta Campaña impactan directamente a muchos de los feligreses aquí en la Sagrada Familia. Su donación ofrece oportunidades de formación para nuestros catequistas, jóvenes y jóvenes adultos. En los próximos días, recibirá una carta de nuestro párroco Padre Ryan alentando su participación. Si aún no ha hecho su donación, por favor considere hacerlo hoy, ya sea devolviendo su tarjeta de compromiso por correo o visitando al sitio web seguro: <https://diometuchen.org/BAA>.



¡SE ACERCA LA CUARESMA! Únete a nuestra comunidad de fe y a casi 13.000 comunidades católicas en todo Estados Unidos, en un viaje de Cuaresma transformador con Plato de Arroz de CRS. Recoge tu Plato de Arroz de CRS en el centro parroquial. Durante los 40 días de Cuaresma, reflexionaremos sobre el impacto del hambre y el cambio climático en las comunidades vulnerables de todo el mundo. Oraremos, ayunaremos y daremos limosna para ayudar a nuestros hermanos necesitados. Visita crsplatodearroz.org para saber más.



campamento para enriquecimiento académico y atlético

¿Está buscando oportunidades únicas de enriquecimiento académico y atlético para su hijo este verano?

La Academia Summer Aquinas ofrece oportunidades de campamento durante todo el verano dirigidas por maestros y entrenadores de STA, proporcionando un ambiente divertido, estructurado y atractivo para que los estudiantes aprendan nuevas habilidades y hagan nuevos amigos.

Las inscripciones vencen antes del 30 de mayo. Visite stahs.net/summer para precios, fechas, grupos por edad y mas información.

-SACRAMENTOS-



For details regarding baptisms, quinceañeras, weddings, anointing of the sick, as well as, Family Faith Formation, please call the HFP Parish Center at (732) 545 - 1681 Ext 1002, Rocío.



La Parroquia de la Sagrada Familia albergará el Refugio Interreligioso de Invierno la próxima semana del 26 de febrero al 3 de marzo. Para obtener más información, hable con el padre Ryan al 732-545-1681 x 1006.



OGŁOSZENIA PARAFIALNE 7 Niedziela Zwykła 19 lutego 2023 r.

22 lutego, Środę Popielcową, rozpoczynamy **okres Wielkiego Postu**. Msza św. zostanie odprawiona w naszym kościele **o godz. 19:00**. W Środę Popielcową i w Wielki Piątek nas katolików obowiązuje **post ścisły** – osoby w wieku od 18 do 60 roku życia powinny ograniczyć w tych dniach liczbę i obfitość posiłków, a także powstrzymać się od spożywania pokarmów mięsnych. Można spożyć jeden posiłek do syta i dwa niepełne. Młodzieży od 14 do 18 roku życia dotyczy w tych dniach tylko nakaz powstrzymania się od pokarmów mięsnych. We wszystkie piątki Wielkiego Postu obowiązuje **post jakościowy**, czyli abstynencja od pokarmów mięsnych.

W okresie Wielkiego Postu zapraszamy na **Drogę Krzyżową w piątki o godz. 19:00** oraz na **Gorzkie Żale w niedziele po Mszy Świętej**.

W **sobotę, 25 lutego**, zapraszamy wszystkich na **wieczorne czuwanie**, które rozpocznie się indywidualną adoracją Najświętszego Sakramentu o godz. 18:30 (w tym czasie można przystąpić do sakramentu pokuty) i nabożeństwem o godz. 19:00, po którym odprawiona zostanie Msza Święta. Intencje, w których chcemy modlić się w miesiącu lutym, można składać na ołtarzu Matki Bożej. Formularze dostępne są w przedsionku kościoła.

Biskup Checchio ogłosił **Apel Biskupa** na rok **2023**. Temat „**Odnowieni i posłani na misję przez Eucharystię**” został wybrany, aby przypomnieć o znaczeniu Eucharystii w naszym życiu i jako zaproszenie do otwarcia się na jej przemieniającą moc łaski i cnoty, które skłaniają nas do odpowiedzi jako uczniów-misjonarzy.

Serdecznie zapraszamy na **spotkania biblijno-misyjne**, które będą odbywać się w drugi czwartek miesiąca o godz. 20:00. Pierwsze spotkanie **w czwartek 9 marca**.

Luty to miesiąc prasy katolickiej. Dziękujemy za wsparcie finansowe na gazetę Diecezji Metuchen, jaką jest „Catholic Spirit”.

Życzymy wszystkim wiele radości z przeżywanego wypoczynku niedzielnego oraz pomocy Bożej na cały nadchodzący tydzień.



PROJECT IMT CORNER

Join NeXt Level's cohort at their next Fellowship at St. Ladislaus Church on Sunday, February 26 after the 8am Mass. Enjoy coffee and donuts while they present their latest updates and upcoming events! See you there!



**SAINT LADISLAUS CHURCH
@ HOLY FAMILY PARISH**
*A Sunday Reflection
by István Horváth
February 19, 2023*

Seventh Sunday in Ordinary Time

“The Lord [your God] says, Be holy, for I, the Lord your God, am holy. Each of you revere your mother and father, and keep my Sabbaths.” Lv 19:1-3 “You shall love your neighbor as yourself.” Lv 19:18b “So be perfect, just as your heavenly Father is perfect.” Mt 5:48

We heard last week how Jesus teaches of the Old Testament in His Sermon on the Mount, clarifying to his disciples how they should conduct themselves with regard to God’s Commandments. However, the totality of His teachings, those of God’s Laws and those of the prophets, can be boiled down to Two Great Commandments: “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. You shall love your neighbor as yourself.” **Mt 22:38-39**

It is in keeping these Commandments that we perfect ourselves to Him. This is something that we have to strive each day to do better and to work towards: holiness in Jesus, Our Lord. If we see Jesus Christ in our neighbor, then we are doing His will. Our true struggles in this world are not with the world per se, but rather with our perception of the world that is inside us. If we could raise a mirror to our soul to see inside ourselves, we may not like what we find. In fact, we should constantly be dissatisfied with what we see, and work to correct those faults that make us most miserable about ourselves.

Of course, this is not easy, but if we don’t get started or we don’t even try, then we will be left with self-pity and misery that is our own doing. Regular self-reflection is an important tool in starting our journey towards salvation here on earth. It also helps us lead others to God’s truths through His son, Jesus Christ. Sacrifice is a large part of this journey: sacrifice for our families and our loved ones, sacrifice for our communities, sacrifice for others in need and even sacrifice for those that may not deserve our help or our understanding. Sacrifice, when understood as God’s love for mankind in the act of suffering is the highest form of love we can show for one another. Therefore, suffering in the context of ‘love for others’ is really sharing Our Lord’s cross for the salvation of the world.

Now that is saving the Planet!



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