

**To reduce my risk for Sudden Infant Death Syndrome (SIDS),
learn about Safe Infant Sleep!**

Share your knowledge with my family!

Training date: Thursday, July 25th@10:30a

Location: Unity Square, 81 Remsen Ave,
New Brunswick

Contact: Raichelle, rarthur@cjfhc.org

Then I will say,

“Thank you for putting me to sleep safely!”

On my back!

No pillows, blankets, bumpers, or stuffed toys in my crib!

Sharing my parents' room but not their bed!

No smoking in my home!

**Free safe sleep
mobile phone
app!**

**Search 'SIDS
info' and look
for the logo**



Education provided by the SIDS Center of New Jersey (SCNJ) based on the evidence-based recommendations of the American Academy of Pediatrics,
intended for the first 12 months of life.

The SIDS Center of New Jersey is located at Rutgers Robert Wood Johnson Medical School and the Joseph M. Sanzari Children's Hospital, Hackensack Meridian Health.
Funded through a Health Services Grant from the New Jersey Department of Health.